



FUTURE SURGEONS: KEY SKILLS COURSE

Quincentenary Complex, Nicolson Street, Edinburgh

COURSE PROGRAMME

| Time | Topic | Location | Lead |
|--------------|---|---------------------------|------|
| 08:30 | Registration | Quincentenary Hall | |
| | Introduction | The Bowden Lab | |
| | Gowning and Gloving | The Bowden Lab | |
| | Handling instruments | The Bowden Lab | |
| | Knot-tying (1) <ul style="list-style-type: none"> • Reef knot • Instrument tie | The Bowden Lab | |
| 11.00 | Coffee Break | | |
| | Knot-tying (2) <ul style="list-style-type: none"> • Surgeon knot • Tie at depth) | The Bowden Lab | |
| | Suturing <ul style="list-style-type: none"> • Needle manipulation • Interrupted sutures • Sub-cuticular absorbable sutures • Assisting • Continuous suture | The Bowden Lab | |
| 13:00 | Lunch Break | | |
| | LA Techniques, Skin Lesions & Wound Management <ul style="list-style-type: none"> • Skin lesions • Cyst removal • Abscess drainage & excision Debridement | The Bowden Lab | |
| | Diathermy | The Bowden Lab | |
| | Endoscopy Skills <ul style="list-style-type: none"> • Hand-eye co-ordination • Polo mints exercise • Sugar cubes exercise | The Bowden Lab | |
| | Question and answer session | The Bowden Lab | |
| 16:30 | Close | | |