

BASIC SURGICAL SKILLS COURSE

Venue: Quincentenary Hall Complex, Nicolson Street, Edinburgh

COURSE PROGRAMME

Day 1		
Time	Topic	Location
08:30	Registration	Reception
09:00	Introduction	Seminar room
	Gowning & Gloving	Wet lab (demo and practice)
	Handling instruments	Wet lab (demo and practice)
	Knots (1) <i>Reef knot, instrument tie</i> Assessment	Wet lab (demo and practice)
11:00	Coffee Break	
	Knots (2) <i>Surgeons knot, tie at depth</i> Assessment	Wet lab (demo and practice)
	Suturing - <i>Needle manipulation and driving, interrupted, sub-cuticular, vertical mattress</i> Assessment	Wet lab (demo and practice)
13:00	Lunch Break	
	Skin lesions and LA techniques - <i>Skin lesions, sebaceous cyst</i>	Wet lab (demo and practice)
	Fine tissue handling (1) <i>Tendon repair, assisted</i>	Wet lab (demo and practice)
15.15	Coffee Break	
	Wound management - <i>Abscess drainage, debriding traumatic wound</i>	Wet lab (demo and practice)
	Diathermy (practical or seminar)	Wet lab (structured practice)
17:00	Question and answer session	Seminar room



Day 2		
Time	Topic	Location
09:00	Skills consolidation/OSAT	Wet lab (practice & assessment)
	Abdominal incision and closure	Wet lab (demo and practice)
11:00	Coffee Break	
	Haemostasis - <i>ligation in continuity, pedicle ligation, transfixion</i>	Wet lab (demo and practice)
	End to end bowel anastomosis - <i>interrupted, instrument tied knots</i>	Wet lab (demo and practice)
13:15	Lunch Break	
	Fine tissue handling (2) <i>Vein patch exercise, assisted</i>	Wet lab (demo and practice)
15:00	Coffee Break	
	Introduction to minimal access surgery	Seminar room
	Minimal access exercises - <i>visualisation tasks, various scope angles, use of coaxial instruments, manipulation of non-coaxial instruments</i>	Wet lab
16:45	Question and answer session, certification	Seminar room