

**FST Annual Conference 2023**  
**Surgical training: Excising the barriers**  
**Friday 13 October 2023**  
 5 CPD points

**Venue: Symposium Hall, Hill Square, The Royal College of Surgeons of Edinburgh**

PROGRAMME		
09:00-09:30	Registration and coffee	
09.30-09:40	Welcome	Alex Phillips
09:40-10:30	Debate: "This house believes all surgical trainees are equal."	Georgette Oni Ross Fisher
10:30-11:00	Coffee Break (Poster display)	
11:00-11:30	Keynote speaker	Parveen Kumar
11:30-12:45	Panel discussion: Barriers in surgical training	Ekpemi Irune Phillipa Burns Samantha Tross
12:45-13:45	Lunch and networking (Poster display)	
13:00-13:30	FST Annual General Meeting	
13:45-15:00	Workshops (1-5) See below Choose from available sessions. Pre-registration required	
15:00-15:15	Coffee break (Poster display)	
15:15-16:00	Educational research session Oral presentations x 4	James Tomlinson
16:00-16:15	Closing remarks and prize giving	Alex Phillips

WORKSHOPS		
One	Metacognition	Uttam Shiralkar
Two	Struggling trainees	Gill Hardman Nadeem Khwaja
Three	Mentoring in surgery	Michael El Boghdady Nathan Walker
Four	Managing bullying	Alice Hartley
Five	Trainee/trainer relationship	Sesi Hotonu Sohail Nisar