



FUTURE SURGEONS: KEY SKILLS COURSE

Quincentenary Complex, Nicolson Street, Edinburgh

COURSE PROGRAMME

Time	Topic	Location	Lead
08:30	Registration	Quincentenary Hall	
	Introduction	The Bowden Lab	
	Gowning and Gloving	The Bowden Lab	
	Handling instruments	The Bowden Lab	
	Knot-tying (1) <ul style="list-style-type: none"> • Reef knot • Instrument tie 	The Bowden Lab	
11.00	Coffee Break		
	Knot-tying (2) <ul style="list-style-type: none"> • Surgeon knot • Tie at depth) 	The Bowden Lab	
	Suturing <ul style="list-style-type: none"> • Needle manipulation • Interrupted sutures • Sub-cuticular absorbable sutures • Assisting • Continuous suture 	The Bowden Lab	
13:00	Lunch Break		
	LA Techniques, Skin Lesions & Wound Management <ul style="list-style-type: none"> • Skin lesions • Cyst removal • Abscess drainage & excision Debridement 	The Bowden Lab	
	Diathermy	The Bowden Lab	
	Endoscopy Skills <ul style="list-style-type: none"> • Hand-eye co-ordination • Polo mints exercise • Sugar cubes exercise 	The Bowden Lab	
	Question and answer session	The Bowden Lab	
16:30	Close		